



Chikitsak Samuha's  
Sir Sitaram And Lady Shantabai Patkar Varde College Of Arts And  
Science and V.P Varde College Of Commerce and Economics  
(An Autonomus college affiliated to University of Mumbai)

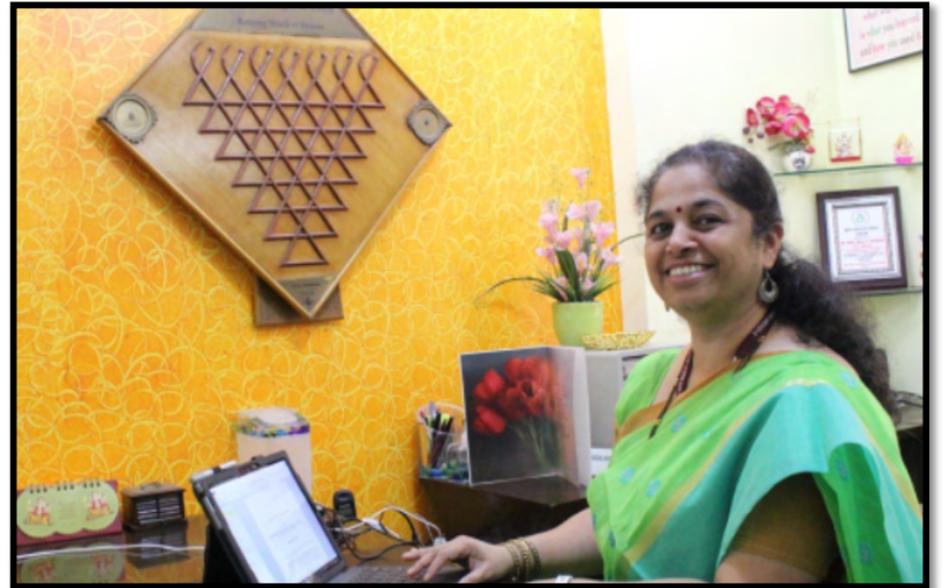


# WEEKEND CHRONICLE

BEAUTIFUL CITIES IN THE WORLD

---

**AN INITIATIVE BY BMS DEPARTMENT**



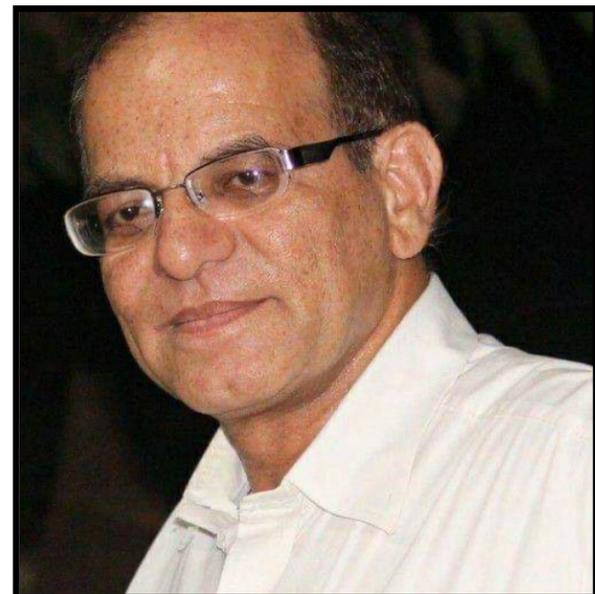
## A MESSAGE FROM CHIEF EDUCATION OFFICER'S DESK

Dear Readers,

**“Develop a passion for learning. If you do, you will never cease to grow.” We live today in a world that is so very different from the one we grew up in, the one we were educated in. The world today is moving at such an enhanced rate and we as educationalists need to cause and reflect on the entire system of education. On-line learning provides new age technology to widen the educational scope. It prepares students to succeed in an increasing technology driven global economy. Technology makes life much easier, most of all it saves time and energy. It is one of the fastest growing field right now and there is no sign of stopping anytime soon.**

**It is indeed a great moment for all of us to bring forth this weekly E-Periodical “Weekend Chronicle”. We are sure this E-Periodical will help to acquire knowledge and skills, build build character and enhance employability of our young talented students to become globally competent. There is something for everyone here, right from the fields of Business, Academics, Travel and Tourism, Science and technology, Media and lot more. The variety and creativity of the articles in E-Periodical will surely add on to the knowledge of the readers. I am sure that the positive attitude, hard work, continued efforts and innovative ideas exhibited by our students will surely stir the mind of the readers and take them to the fantastic world of joy and pleasure.**

**Dr. Mala Kharkar  
Chief Education Officer  
(Patkar-Varde College)**



## A MESSAGE FROM THE PRINCIPAL'S DESK

**Dear Readers,**

**As we know, "An Investment in knowledge pays the best interest."**

**Hence in this regard the E-Periodical Weekend Chronicle is playing a vital role in providing a platform to enhance the creative minds of our students of BMS Department.**

**The E-Periodical i.e online magazine drives us through varied genres containing- News related to Global affairs under departments like Business, Advertisement, IT and Science & Nature to intellectual news articles under Academics, Media and Library Departments. It also covers articles related to Food & Health care, Culture & Cuisine and Travel & Tourism which usually tops our "bucket lists" including article which address societal problems under Department of Social Issues. Lastly covering words and vision of our talented students as budding poets, writers and thinkers under Student's section Department.**

**Over all this vision of constructing E-Periodical by students will engage today's youth and the crafters of the youth (teachers) in their communities which is the necessity to over come hurdles of present reality. We will strive to make a better world through our acts and thoughts. Rather it is a challenge to be met!!!**

**Dr. Shrikant B Sawant  
Principal  
(Patkar-Varde College)**



## Content

### BUSINESS

Page 1

- 10 Small & New Business opportunities in Mumbai [in 2020]
- Positive Outcomes from city of Salinas Investment in small business support

Page 2

### ADVERTISEMENT

- Indian state tourism ads now focus more on experiences and mood than just mapping places.
- Tourism Ireland unveils the world's first tourism campaign created by the hearts of its visitors.

### INFORMATION TECHNOLOGY

Page 3

- Use of technology in travel & tourism
- How information technology has affected the tourism and hospitality industry

Page 4

### NATURE

- Beauty of India: Srinagar

### RESEARCH

Page 5

- The impact of COVID-19 on tourism sector in India

## *LIBRARY*

Page 6

- **Kolkata City of Literature**

Page 7

## *FOOD & HEALTHCARE*

- **Capital of South Korea :Seoul**
- **Tourism Sector Care about Food Waste?**

## *CULTURE & CUISINE*

Page 8

- **Best Singaporean food and dishes**
- **Dishes you must try in Venice, Italy**
- **Traditions in Barcelona City**

Page 9

## *TRAVEL & TOURISM*

- **5 best Things to Do in Prague (Czech Republic)**
- **Jaisalmer - for the best desert safari ever!**

## *SPORTS*

Page 10

- **World's highest cricket stadium in Lahaul-Spiti**

Page 11

## *SOCIAL ISSUE*

- **How did COVID-19 impact our cities in the long term**

## *STUDENT'S SECTION*

Page 12

- **Quiz**
- **Fun facts**
- **Word search puzzle**

## BUSINESS

### POSITIVE OUTCOMES FROM CITY OF SALINAS AINVESTMENT IN SMALL BUSINESS SUPPORT



In July 2018 the City entered into a three-year Master Agreement with El Pájaro Community Development Corporation (EPCDC) to support implementation of Economic Development Element (EDE) policies and actions related to small business support services. The City has partnered with EPCDC since 2016 to provide technical assistance and to facilitate access to capital resources to Salinas microenterprise and small businesses. El Pájaro has a successful track record of providing bilingual and culturally competent technical assistance in our region for over 10 years, and has extensive experience delivering effective programs to support Salinas' entrepreneurial community.

The general scope of the Master Agreement is the provision of entrepreneur and small business support services including, but not limited to,

Technical assistance (business plans, managing finances, and marketing),  
Marketing and facilitating access to capital resources,  
Support navigating regulatory requirements and processes,  
Business and economic development assistance supporting the planning and implementation of Chinatown Revitalization and Alisal Vibrancy Plans.

The total compensation amount for the Master Agreement is \$150,000. Annual appropriation for fiscal year 2018-2019 is \$50,000. EPCDC has leveraged City funds with a SBA Prime grant (\$65,000) and a state of California Go Biz grant (\$40,000) to increase small business support services.

**-Rohit Pawar  
(NEWSCASTER)**

Ref: <https://www.cityofsalinas.org/our-city-services/community-development/plan-project-implementation/news/positive-outcomes-city-investment-small-business-support>

### 10 SMALL & NEW BUSINESS OPPORTUNITIES IN MUMBAI [IN 2020]

Mumbai is India's core since it's the most populated city. Not only is it the biggest city by population, but it is also the country's political and economic capital. Mumbai accounts for around 6.16 percent of overall GDP. Thus, setting up business opportunities in Mumbai can be a profitable deal.



#### 1. Real Estate Agency

Mumbai is one of India's biggest cities, and there is still a demand for adequate housing in the city. Real estate Agency is small business ideas in Mumbai that can be set up with very less amount of money and prove to be fruitful.

#### 2. Food Restaurant

It's an everyday reality that Mumbai residents love to eat and keep on looking for newly opened restaurants. Opening up a food restaurant can prove to be one of the best business opportunities in Mumbai. Although the business is competitive, there is still a wide area to run a successful food restaurant in Mumbai.

#### 3. Travel Agency

Mumbai is known as India's commercial capital. Over the year, visitors from all over the world come to visit the city. Furthermore, there are many tourist destinations in and around the area in Mumbai.

#### 4. Head Hunting Agency

Since Mumbai is the financial capital with a large population, it demands a lot of work opportunities. As such, many big companies, as well as small enterprises, are still on the lookout for the best workers

#### 5. Delivery services

Since Mumbai is so vast, people rely on delivery services, whether for grocery stuff or something else. Starting a small-scale delivery service may be a smart investment for groceries, eateries, etc

#### 6. Event Management

Every major metropolitan city like Mumbai is continually demanding event planners to organize parties such as birthdays, weddings, business conferences, etc. No one has time to plan activities and work with various vendors on their own because of the fast-paced life.

#### 7. Digital Marketing

If you have some social media and digital marketing expertise, you can launch a small business straight from your home. For any company, the growing need for social media generates a lot of competition in the industry.

#### 8. Blogging

Starting your blog on something you're most interested in is not only a passion but a profitable opportunity. This concept for small business opportunities in Mumbai would cost you very little money, or you could even create a blog/website for free.

#### 9. Organic Food Store

The most important consideration when starting a natural food store business is the store location, and in a city like Mumbai, people are very health conscious. Like any other retail business, the right spot is the main parameter for making business success.

#### 10. Interior Designer

If you have a talent to create unique spaces, then start an interior decorating firm. People in Mumbai are still searching for the most stylish and realistic way to reinvent or decorate their spaces, and this small business idea in Mumbai may be immensely profitable for you.

**-Viren Rathod  
(NEWSCASTER)  
Ref: Timesnext.com**

## ADVERTISEMENT

### INDIAN STATE TOURISM ADS NOW FOCUS MORE ON EXPERIENCES AND MOOD THAN JUST MAPPING PLACES



Tourists to pick up their bags and head out into the unknown and to entice these travelers – of all kinds – new tourism campaigns have started pouring in. The positively received Awesome Assam campaign featuring Priyanka Chopra, showcasing the state’s beautiful and diverse heritage, is a first since the actor was officially roped in as its brand ambassador last year. Coming out of her cherished reverie of state in the ad, Chopra concludes voices: “Once you visit Assam --- it stays with you forever”.

There has been a marked shift in state tourism campaigns in the last few years: No longer are they confined to a fall-flat showcase of a destination list. Instead, the modern ads are increasingly foregrounding a wholesome experience around emotions from warmth to self-discovery and even nostalgia.

One of India’s biggest successes in the past few decades has been the ability of individual states to market their tourism potential across the world. It is not surprising in the last few years to find Kerala’s God’s Own Country Campaign posters competing for attention with Incredible India creatives across world capitals.

Jammu and Kashmir tourism’s new campaign launched in September is a apart as it spotlights the hospitality, pride and Kashmiriyat of Kashmiris --- ideas all but totally eclipsed in the violent events over last year and half.

There are many more States like Kerala, Rajasthan, Madhya Pradesh, Gujarat, West Bengal, Bihar on which the details information is given in the article

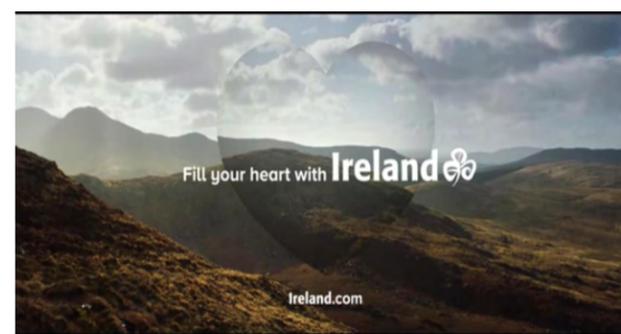
**-BHAKTI MHATRE**

**(NEWSCASTER)**

**Ref: Indian Express**

### TOURISM IRELAND UNVEILS THE WORLD'S FIRST TOURISM CAMPAIGN CREATED BY THE HEARTS OF ITS VISITORS

~New global TV, cinema and online campaign to drive continued growth in Irish tourism~



After months in development, tourism Ireland is excited to be launching its first major global campaign: ‘Fill your heart with Ireland’. An industry-first, the campaign has been created by the heart rate data of two of our visitors. Tourism in Ireland invited a real married couple from Sweden - who had never visited Ireland before - to take a trip here, wearing custom-made technology to track their physiological responses along with the way. The couple was hooked up to convert heart monitors, which were linked to a head-mounted camera that captured all of their experiences. The data provided by these heart rate monitors determined what footage would feature in the advertising.



The result is a camping that proved the heart-filling effect that the island of Ireland has on our visitors - whether they're kayaking on Achill Island, exploring Devenish Island in Co Fermanagh, or climbing the highest sea Cliff in Europe at Slieve League.

Speaking about the campaign, Mark Henry, Tourism Ireland central Marketing Director, said: “This is the first major global campaign for tourism Ireland in seven years. It is a true innovative approach which will set the island of Ireland about from our competitor destinations. ‘Fill your heart with Ireland’ has been designed to drive continued growth to the regions and to encourage visitors to travel off-peak. It features locations that have been less visited by overseas visitors and highlights outdoor activities like cycling, walking and kayaking. We are confident that our new camping will help deliver another recording for tourism.”

**-BHAKTI MHATRE**

**(NEWSCASTER)**

**Ref: <https://www.tourismireland.com/Press-Releases/2018/December/Tourism-Ireland-unveils-the-world%E2%80%99s-first-tour-1>**

## INFORMATION TECHNOLOGY

### USE OF TECHNOLOGY IN TRAVEL & TOURISM



Technology has changed the way people are living their life. It has become a part of everyone's life as a necessity to live. Technology brings a huge change in our travelling pattern too. In this blog, we are going to talk about the use of technology in Travel and tourism. "Technology has dependably helped us in our day by day lives. It has transformed us into' each field. In the field of transport, planes can enable us to reach those parts which are considered as dangerous to walk. Various things like mobile, computer and more have changed the way we sell, buy, work and essentially change each part of our lives. It has ended up being an assistant for our lives. Its impact on the travel part is immense. Travel Technology which is also known as tourism technology is an application of ICT (Information and Communication Technology) or IT (Information Technology) in the sector of hospitality, tourism, and travel.

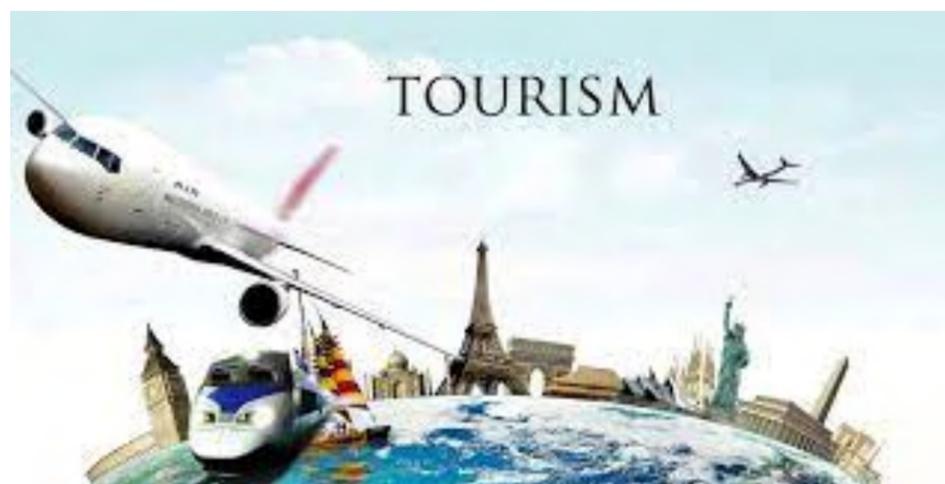
It simply implies Locomotion, thus the travel method was initially connected with the computer reservation system of the airline business, however, at this point, it is generally utilized, in which the travel industry alongside its hospitality industry is furthermore utilized. While the computer reservation system is implemented in travel technology, it shows an exceptionally wide range of utilization, in actuality, it is quicker. Travel Technology incorporates virtually the travel industry as virtual tour technology. As far as "electronic tourism" or "electronic travel", travel technology can further be known as e-tourism / e-tourism or e-travel/e-travel (e-Tourism). We need to include the fact that the establishment of a vacation can be a pain not just for the traveller, in a case that he wants to arrange the booking process by himself, but for the travel specialist, in a case that he does not have the right facilities for the passengers' requests. And here's the place where another important step was made in travel technology.

There was a need to come with an ever-increasing number of innovative solutions that could settle the bust of a travel plan with access to 24/7 and quick reaction. These days, couple-travellers want a private tour with carefree experience and comfortable experience. At the point when travel experts do this, they build customer loyalty. Global Distribution System is one of the major developments in the travel sector, where a single contact point is used for hotel, car or airlines booking. Apart from this, the improvement of mobile technology in the travel industry has helped various individuals, and the advancement of online business has affected the travel industry and tourism as clients can see different travel alternatives by surfing the web through their mobile.

-Ajay Lovekar  
(NEWSCASTER)

Ref: <https://www.allassignmenthelp.com/blog/use-of-technology-on-travel-tourism/>

### HOW INFORMATION TECHNOLOGY HAS AFFECTED THE TOURISM AND HOSPITALITY INDUSTRY



Information Technology has played an important role in the hospitality and tourism industry over the last decade. Technology has helped reduce costs, enhance operational efficiency, and improve services and customer experience. Both customers and businesses can benefit from improved communication, reservations, and guest service systems. Technology has helped tourism and hospitality industries replace expensive human labor with technological labor. This helps reduce labor costs, but also helps avoid customer service issues. Here are some examples of the ways that IT continues to improve the hospitality and tourism industry.

The internet has a powerful impact on hospitality and tourism. A customer's first experience with your business is a visit to your website. This includes looking at pictures and reviews from past guests. It is vital for a business to effectively utilize online advertising, social media, blogs, and online purchasing to help convenience their customers, especially when your competitors are doing the same thing.

Computer systems allow communication between larger hotel chains with multiple locations to connect easier. They also help keep staff on the same page and make it easier to access information, making your guests experience much better. Guest requests, housekeeping information, and reservations can all be found on one system. Mobile tablets and smartphones have replaced large desktop computers, making them virtually extinct. This is helpful, because many travelers take some type of mobile device with them on a trip. This helps hospitality businesses keep customers advised of changes and delays to their reservations, offer deals, and advertise by using GPS tracking. The use of Technology in the hospitality and tourism industry has helped speed up operations and helped the traveling process much more enjoyable and efficiently. Technology not only helps large chain hotels, but can also be useful to B and B's and other smaller companies in the industry.

-Ajay Lovekar  
(NEWSCASTER)

Ref: [https://www.entremt.com/information-technology-affected-tourism-hospitality-industry/#:~:text=Information%20Technology%20has%20played%20an,improve%](https://www.entremt.com/information-technology-affected-tourism-hospitality-industry/#:~:text=Information%20Technology%20has%20played%20an,improve%20)

## NATURE

### BEAUTY OF INDIA: SRINAGAR

Srinagar, the summer capital of Jammu and Kashmir is located in the heart of the Kashmir valley at an altitude of 1,730 m above sea level. Spread on both sides of the river Jhelum the city is famous for its natural beauty, gardens, waterfronts and houseboats. Srinagar is called the city of lakes and the Venice of the East, fascinating tourists from centuries with its beautiful picturesque Himalayan backdrop, glittering lakes that are surrounded by houseboats and Shikaras and the majesty of Mughal architecture. The very absence of order in the location of the houses and their tumbled down appearance add a peculiar charm to the scenery. It has its own quaint lifestyle, telling a panoramic fairytale tour through the snow-capped mountains and Chinar trees, while enjoying the adventurous pleasures of hiking, mountain biking, and rafting. The city is also famous for traditional Kashmiri handicrafts and dried fruits.



#### 5 Reasons to Visit the Beautiful Kashmiri City of Srinagar

##### The shikara water ride

Srinagar, the largest city and the summer capital of Jammu and Kashmir is known to be 'Heaven on Earth.' Now, that name isn't given for nothing, no amount of words or pictures can do justice to its regal beauty; one must visit the place to experience this wonder.

##### Asia's largest Tulip garden

Indira Gandhi Memorial Tulip Garden is one of Asia's biggest tulip gardens where the flowers bloom a short while from March to May. With over 40 varieties in beautiful colours, this is India's answer to the famous tulip garden of Amsterdam.

##### Early morning floating markets on Dal Lake

If you can rise at an unearthly hour; a little before sunrise, you'll get to experience vegetable and flower shops being set up on boats. What's more, the customers too arrive to shop in boats. It is quite an experience, and an expensive (INR 2,500) one too.

##### The famous Kashmiri Kahwa

A cup of this aromatic tea made with green tea and loads of saffron, spices and pieced almonds is tasty as it is healthy. It can get you the warmth in minutes in a cold place like Kashmir. But it's not just Kahwa, one can experience around 60 varieties of tea in Srinagar. Some beautiful cafes where you can find a great cup are: Chai Jaai, the Game of Thrones themed Winterfell Cafe and Books & Bricks.

##### Kashmiri Wazwan

Traditionally, a Kashmiri Wazwan was referred to an elaborate feast prepared for weddings and special occasions. But with travellers wanting to sample it, Wazwan now is available on most restaurant menus. The best dishes of this multi-course meal are: Rogan Josh (tender lamb cooked with Kashmiri spices), Yakhni (delicately spiced yogurt curry) and Dum Aloo and a sweet rice pudding called Phirni.

##### Things to do around Srinagar

Only 1.5 hours away from Srinagar, a gondola ride at Gulmarg offers impressive panoramic views of the snow-clad Himalayas; Dachigam National Park which is less than 25 kilometres away from Srinagar, is a wildlife park to spot the Kashmir Stag, black bear, and many colourful birds, or soaking in the beauty of the idyllic Aru Valley in Pahalgam - there's no dearth of things you can do in and around Srinagar.

-Kshitij Shirodkar  
(NEWSCASTER)

Ref: <https://www.google.com/amp/s/www.india.com/travel/articles/5-reasons-to-visit-the-beautiful-kashmiri-city-of-srinagar-3336356/amp/>

## RESEARCH

### THE IMPACT OF COVID-19 ON TOURISM SECTOR IN INDIA



The novel coronavirus (COVID-19), which is one of its kinds of humanitarian disasters, has affected people and businesses worldwide, triggering a global economic crisis. In this aspect, the tourism sector is not being left behind. The pandemic has not only affected the foreign exchange earnings (FEE) but also affected various regional developments, job opportunities, thereby disrupting the local communities as a whole. As there has been a substantial decline in the arrivals of overseas tourists in India in 2020, the paper aims to predict foreign tourists' arrival in India and FEE using artificial neural networks (ANN). Furthermore, we analyse the impact of COVID-19 based on four scenarios considering with and without lockdown in terms of loss and gain in FEE. Lastly, the results obtained will help policymakers make necessary strategic and operational decisions, along with maximizing the FEE.

Global tourism is affected by many types of disruptive events, such as terrorist attacks like 9/11, epidemic outbreaks like SARS-CoV-2, MERS-CoV, Ebola, Swine flu, etc. in the past (Wen et al., 2020). However, the recent epidemic outbreak (COVID-19) originated from Wuhan, China has severely impacted almost every industry, including Tourism worldwide (Yeh, 2020). The virus spread to all continents through air transport and still propagates infection exponentially (Nicolaidis et al., 2020). To contain the spread, many countries completely/partially close their boarder and cancelled all flights, and events including sports, entertainment, pilgrimages, conferences etc. UNWTO (2020) estimated that international tourists would decline by 1%–3% compared to 2019 rather than the forecasted 3%–4% growth. As a result, global tourism has slowed down significantly. The number of international flights dropping by more than half following the tourism industry temporarily laid off half of their workforce (Gössling et al., 2020). The World Travel & Tourism Council predicts a tourism-related loss of up to US\$ 2.1 trillion in 2020 and up to 75 million jobs (WTTC, 2020).

The travel industry, which includes airlines, hotels and restaurants, will shrink by 50% in 2020, which would mean a significant loss of jobs and revenue. According to the International Air Transport Association (IATA), Airlines worldwide are expected to lose a record of \$84 billion in 2020, more than three times the loss made during the Global Financial Crisis (The World Economic Forum, 2020). Most of the airlines are undergrounded. Hotels are being closed due to fewer tourists and many five-star hotels turning into quarantine facilities. Most restaurateurs see operating costs rising further because of social distancing, hygiene, and sanitation-related costs. Therefore, sustaining during this crisis is a challenging task for the tourism industry.

-Pooja Mishra  
(NEWSCASTER)

Ref: <https://www.tandfonline.com/doi/full/10.1080/02508281.2020.1846971>

## LIBRARY

### KOLKATA CITY OF LITERATURE

KOLKATA: The Kolkata Municipal Corporation and British Council have held preliminary talks on pitching Kolkata as a 'City of Literature' under the UNESCO Creative Cities Network (CCN) programme. "We believe Kolkata is uniquely placed to make a bid for the City of Literature tag," said Firhad Hakim, chairman of the KMC board of administrators. CCN offers opportunities for cities to draw on peer learning processes and collaborative projects in order to capitalize on their creative assets and use this as a basis for building sustainable, inclusive and balanced development in economic, cultural, environmental and social terms. British Council had tried to put forward Kolkata's bid in 2018, but the attempt failed due to lack of coordinated efforts.

Kolkata: Kolkata might not just be confined in being the city of Joy. Tilottoma may be called as the city of Literature soon. In this case, the Kolkata Municipality has to send necessary documents to the British Council to acquire the title .

According to the office of the Mayor, a letter from the British Council has already arrived to Mayor Firhad Hakim. The letter mentioned the the century old city has a plethora in the field of literature and art. Great maestros like Rabindranath Tagore, Kazi Nazrul Islam, Sharatchandra Chattopadhyay, Ananda Shankar, have enriched the city with their work of art.

The British Council has said that the KMC must appeal UNESCO for the title maintaining international law. Regarding the United Nations Education Scientific and Cultural Organization's Department, various cities in the world give their history on various literary arts for verification and acquiring the title. According to the British Council, the Kolkata Municipal Corporation must send all the necessary documents to UNESCO within 30th of June.



The pitch for the City of Literature, one of seven creative fields, has to be made from the office of the mayor and must be ratified by the Centre. Only four cities from a country can make a bid in any year. Among the various aspects that will be looked into are quality, quantity, and diversity of publishing in the city; educational programmes focusing on domestic or foreign literature at primary, secondary, and tertiary levels; role of literature, drama, and/or poetry in the city; literary events and festivals that promote domestic and foreign literature; existence of libraries, bookstores, and public or private cultural centres; involvement of the publishing sector in translating literary works from diverse national languages and foreign literature; and active involvement of traditional and new media in promoting literature and strengthening the market for literary products.

Sources said that British Council, which is acting as a facilitator, wants Kolkata to adopt climate change as a theme to resonate with the UN's emphasis on climate issues and because Kolkata is among the most vulnerable cities threatened with inundation due to rising sea level owing to climate change.



We believe Kolkata is uniquely placed for the honour. The city has produced five Nobel laureates and hosts the world's largest commercial book fair," a British Council official said. In addition, at least three literary festivals are annually held here.

~Siddhi Karekar  
(NEWSCASTER)

Ref: [https://m.timesofindia.com/city/kolkata/kolkata-to-bid-for-city-of-literature-tag/amp\\_articles/80775101.cms](https://m.timesofindia.com/city/kolkata/kolkata-to-bid-for-city-of-literature-tag/amp_articles/80775101.cms)  
<https://english.kolkata24x7.com/kolkata-may-get-the-title-of-city-of-literature.html/>

## FOOD & HEALTHCARE

### CAPITAL OF SOUTH KOREA: SEOUL

Great Korean food can be found virtually everywhere in vibrant Seoul, from street vendors along narrow alleyways to classy restaurants within 5-star hotels. We have mentioned some of tasty dishes that u can enjoy in Seoul.



**Kimchi** - This signature Korean dish has been around for more than 2,000 years, dating back to the Shilla Dynasty. Kimchi consists of Korean cabbage, radish, pumpkin, onion, ginger, and scallion with chili powder, crushed garlic and salted seafood, which is then left to ferment

**Red rice cakes (tteokbokki)** - Tteokbokki is a traditional Korean street food that's made with thick slices of garaetteok (boiled rice cake), fish cake, onions, diced garlic, salt, sugar and assorted vegetables that are stir-fried in sweet red chili sauce. Distinguished by its bright red-orange ensemble, this popular snack is usually sold at street vendors and independent snack bars.

**Korean stew (jjigae)**- There are many different varieties of jjigae in Seoul, but this Korean stew usually contains meat, seafood or vegetables in a broth seasoned with hot pepper paste (gochujang), fermented miso (gaenjang), soybean paste, or salted fermented shrimp (saeujeot). Usually served as a palate cleanser between heavier dishes, jjigae has a similar consistency to a western stew.



**Jajangmyeon** - A Korean-Chinese fusion dish, jajangmyeon uses thick handmade wheat noodles topped with raw cucumber slices and a mixture of salty black soybean paste, diced pork and vegetables. Priced from 5,000 won onwards, this hearty noodle dish is great for when you need a quick meal that doesn't break the wallet.

It's also usually eaten by singles on Black Day, which takes place each year on April 14th.

**Korean fried Chicken**- Korean fried chicken takes on the quintessential American fast food with its own unique flair. Unlike its American counterparts, the chicken is coated with a sweet and spicy sauce (some restaurants add green pepper inside the batter for a spicier kick) before double frying it in vegetable oil. It is a popular late-night snack that's typically served with beer.

**Ginseng chicken soup (samgyetang)** - This nourishing soup consists of a small spring chicken stuffed with chestnuts, garlic, dried jujubes, ginseng, glutinous rice, and ginkgo nuts. The ingredients are then slow-cooked until the meat is very tender and the thick broth permeates a slightly bitter yet fragrant taste.

- Seema samanta

(NEWSCASTER)

Ref: <https://in.hotels.com/go/south-korea/great-korean-dishes>

### TOURISM SECTOR CARE ABOUT FOOD WASTE?

Every year, over 1 billion tons of food produced for human consumption is lost or wasted. Given its position at the consumption end of the food value chain, the tourism sector is a strategic industry to fight this problem.

Food waste is a monumental problem. Every year, one third of all food produced for human consumption is lost or wasted. This amounts to 1.3 billion tons, about 180,000 Eiffel Towers' worth of food.



It is also responsible for an astonishing 8 percent of global carbon emissions. Consider all the water, energy and other resources that go into producing, transporting, processing, and selling food, as well as the emissions and other byproducts generated along the way. When food is wasted, these negative environmental impacts are generated in vain. And disposing of unused food further impacts our ecosystems and landfills.

By 2030, food waste is expected to increase by 60 percent, resulting in a loss of over US\$1.5 trillion. It is not surprising that this challenge has its own target within the Sustainable Development Goals (SDG 12), aiming to cut global food waste in half by 2030.



Food is lost at various points along the route from farm to table. In developing countries, most losses occur in the production, handling, and storage phases of the food value chain. For example, Latin America and the Caribbean, one of the world's primary breadbaskets, is responsible for 10 percent of global food waste (127 million tons), in part due to weak infrastructure and poorly organized value chains. In contrast, in developed countries food waste occurs primarily in the final consumption stage. Since value is added to food as it moves through the value chain from production to consumption (i.e., from rice in the field to risotto served in a restaurant), the economic cost of food waste is highest at the final consumption stage.

-Seema Samanta

(NEWSCASTER)

Ref: <https://idbinvest.org/en/blog/development-impact/why-should-tourism-sector-care-about-food-waste>

## CULTURE AND CUISINE

### BEST SINGAPOREAN FOOD AND DISHES



Singaporean cuisine is as ethnically diverse as its people, blending Malay, Chinese, Indonesian, Indian and western influences. A visit to one of the hawker centres or shopping mall food courts will be as eye-opening as gastronomically gratifying.

#### 1. Hainanese chicken rice

Steamed chicken served with rice cooked in chicken stock. This all-time favourite dish makes for a quick, fulfilling lunch. The quality of chicken stock is crucial to this dish, and you can tell by the steamed rice oozing with flavour and a fragrant aroma. Pour some dipping sauce over the chicken and give it a go.

#### 2. Chilli crab

Hard-shell crabs cooked in semi-thick gravy with a tomato chilli base. The steamed crabs are partially cracked, then lightly stir-fried in a paste comprising of chilli sauce, ketchup and eggs. Despite its name, chilli crab is not all that spicy. Bread is normally ordered to soak up the gravy, so dig in with both hands!

#### 3. Laksa

Rice noodles in spicy coconut curry soup with shrimp, fish cakes, egg and chicken meat – a cross between Chinese and Malay cuisine. Laksa also has many variants, but the one in Singapore is katong laksa, with cut-up noodles. Cockles and tofu puffs are sometimes added.

#### 4. Char kuay teow

Broad white noodles fried with black Soya sauce, bean sprouts, fish cake, clams and Chinese sausage. You will find this dish in hawker centres and restaurants. Skilled chefs will add a smoky taste to the dish by cooking the noodles at a high temperature.

#### 5. Hokkien prawn mee

Stir-fried Hokkien noodles with prawns, slices of chicken or pork, squid and fish cake, seasoned with soy sauce, vinegar and chili. Each serving comes with sambal sauce and a lime wedge, to tone down the oily taste. The Singapore version uses thick, flat egg noodles.

#### 6. Barbecued stingray

Originating in the streets, barbecued stingray has become a popular seafood dish served at hawker stalls. The classic version features stingray meat slated in thick sambal sauce – a spicy condiment with diced tomatoes, chilies and shrimp paste as base ingredients – then wrapped in banana leaf to be cooked slowly on a grill.

#### 7. Satay

Skewered grilled meat served with rice cake (ketupat), peanut sauce and cucumber-chili relish. This popular side dish makes an excellent starter or party platter. It has a strong turmeric scent and flavour, as this spice is the key marinade ingredient. Choose from pork, chicken, beef or mutton.

-Rashi walinjkar  
(NEWSCASTER)

Ref: <https://in.hotels.com/go/singapore/best-singapore-dishes>

### DISHES YOU MUST TRY IN VENICE, ITALY



#### 1. Sarde in saor

Saor refers to a particular cooking technique, in which onions are softened slowly over a low flame until they're translucent and aromatic and mixed with raisins and pine nuts. The sarde in question are sardines, which rest in this glorious onion-y mixture.

#### 2. Spaghetti in nero di seppia

This plate of pasta is as deeply black as charcoal. Pieces of squid are slow-cooked in tomato sauce until they become meltingly soft. This is then colored with the ink of the squid, which is contained in a tiny pod that skilled fishermen know how to remove without bursting. A little bit of black will color the entire pasta, making it as unusual-looking as it is delicious.

#### 3. Bigoli in salsa

This particularly Venetian kind of pasta is springy and toothsome and it's tossed in an aromatic sauce of onions, anchovies, and fennel seeds.

#### 4. Fritto misto

Delights of the sea are covered in batter and deep fried to crunchy perfection. You'll get a mix of shrimp, calamari rings and fish balls.

#### 5. Baccala mantecato

A dried cod fish is cooked for hours and hours until it becomes soft and the bones dissolve and it's whipped up with oil to become a glorious white cream. It's normally eaten on tiny pieces of bread and downed with a bit of prosecco in the evening.

-Rashi walinjkar  
(NEWSCASTER)

Ref: <https://theculturetrip.com/europe/italy/articles/the-10-dishes-you-must-try-in-venice-italy>

### TRADITIONS IN BARCELONA CITY



Barcelona, city, seaport, and capital of Barcelona provincia (province) and of Catalonia comunidad autónoma, northeastern Spain, located 90 miles (150 km) south of the French border. It is Spain's major Mediterranean port and commercial centre and is famed for its individuality, cultural interest, and physical beauty. At many festivals, you are likely to see circles of people dancing the sardana, Catalunya's national dance, and one which resembles no other Spanish dance. Its origins are thought to lie in the graceful dances of ancient Greece. One theory is that the Greeks introduced the dance during the period in which they maintained trading posts on Catalunya's northern shores thousands of years ago. Others insist that the sardana was not practiced here until the fifteenth-century Catalan occupation of Sardinia, hence the name. In any case, the sardana in its present form emerged during the Renaixença and it has become a symbol of national identity. Sardana dancers link hands with raised arms, forming circles which grow bigger and bigger as more people join in. Traditionally, couples can join in at any point, but cannot cut in between a man and his partner on the right. When the circle gets too big, the dancers form more circles. An extremely disciplined dance, the sardana calls for exact movements and expert timing, provided by a leader in each circle. For this reason, unless you think you've really got the knack, it's generally inadvisable for visitors to join in - one wrong move can put the entire circle out of step. On his visit to the city in 1862, Hans Christian Andersen remarked that Barcelona was the "Paris of Spain." The city is indeed a major cultural centre with a remarkable history. It abounds with archives, libraries, museums, and buildings of interest, featuring superb examples of Modernist and Art Nouveau decor and architecture.

-Ruchi Soni  
(NEWSCASTER)

Ref: [https://www.barcelona.com/barcelona\\_city\\_guide/references\\_marks/traditions.com/](https://www.barcelona.com/barcelona_city_guide/references_marks/traditions.com/)

## TRAVEL & TOURISM

### 5 best Things to Do in Prague (Czech Republic)

#### 1. See the Infant Jesus of Prague:-

Infant Jezus of Prague Located in the Mala Strana in the heart of the city, the Infant Jesus of Prague (also known as the Child of Prague) is a Roman Catholic statue of Jesus Christ as an infant. Everyday hundreds of believers pay a visit to this shrine to pray, bow and make wishes hoping that they will come true. The statue itself is encased in an ornate gilded shrine and while the origin of the figure is unknown, it has been dated back to the 16th Century.

#### 2. Explore the Old Town Square:-

Despite Prague's lively history of invasions, the Old Town Square has remained relatively untouched since the 10th Century. Swarms of tourists crowd the historical streets, packing out the alfresco restaurants everyday. The square itself is the perfect place to admire the wonderful architecture Prague has to offer and if that isn't your thing then the various street performers, musicians and merchants that line the streets here will certainly keep you entertained.

#### 3. Watch the Astronomical Clock Strike an Hour:-

Whilst in the Old Town Square, time your visit to the Old Town Hall so that you can watch the spectacle of the mechanical clock marking the turn of an hour. The clock itself is on the south face of the town hall and is the pride of Prague. It was built in the fifteenth century and despite being damaged and repaired during its lifetime, it is widely regarded as the best preserved medieval mechanical clock in the world. The show at the top of the hour never fails to disappoint the many onlookers.

#### 4. Stroll across the Charles Bridge:-

Whoever said that "the best things in life are free" may well have been referring to the Charles Bridge in Prague. A simple walk across the 14th Century bridge is one of the most enjoyable and memorable experiences of visiting Prague. The bridge was commissioned in 1357 by Charles IV to replace an older bridge that had been washed away by floods. Although completed in 1390, with the striking statues added in the 17th century, the bridge did not take Charles' name until the 19th century.

#### 5. Visit Prague Castle:-

Located in Hradcany (the Castle district), Prague Castle is without a doubt the city's most popular tourist attraction and it is easy to see why. The breath-taking castle has traditionally been the seat of Czech rulers and is today the official residence of the president. Entry to the grounds of the castle is free although many buildings such as the St Vitus cathedral, Basilica of St George and Golden Lane can be visited with a combined entry ticket. If you want priority access to skip the huge lines you should buy the Skip the Line: Prague Castle Tickets, for a guided tour you should consider this 2.5-Hour Tour (including admission ticket).



-SHRIYA CHAVAN  
(NEWSCASTER)

Ref: - [www.internationaltourism.com](http://www.internationaltourism.com)

### JAISALMER - FOR THE BEST DESERT SAFARI EVER



The Golden City of Rajasthan, Jaisalmer is surely one of the best cities to visit in India. This part of Rajasthan lies in the Thar Desert region, exhibiting the magic of velvet sand dunes meshed with the ever-colourful culture of the state. Jaisalmer is where you can spend your time indulging in exciting activities such as dune bashing, camel safari, and desert camping. Yes! Desert camping in Jaisalmer makes for an experiential stay, with all the luxury you could wish for.

**Best time to visit:** October to February

#### How to reach:

By air: Jodhpur Airport is the nearest airport from Jaisalmer. Cities like Delhi, Mumbai, and Udaipur are connected to this airport.

By rail: Jaisalmer has its own railway station which is indeed connected widely across North India, with cities like Jaipur and Delhi.

By road: One can easily reach Jaisalmer by road via buses or cabs.

**Attractions:** Jaisalmer Fort, Bada Bagh, Folklore Museum, Sam Sand Dunes, and Desert Cultural Centre.

**Average Temperature:** 30-degree celsius

**Restaurants in Jaisalmer:** Restaurant Romany, Milan restaurant, Cafe the Kaku

-ANUSHKA BANSODE  
(NEWSCASTER)

Ref: - [www.palaceonwheels.com](http://www.palaceonwheels.com)

## SPORTS

### WORLD'S HIGHEST CRICKET STADIUM IN LAHAUL-SPITI



The cold desert of Lahaul-Spiti in Himachal Pradesh, known for its barren beauty and tough terrain, would appear to be the unlikeliest place on earth for a game of cricket.

But it's in the rarified air of this remote district that a local sports association plans to build the world's highest cricket stadium on the lines of the majestic ground at Dharamsala.

The District Cricket Association of Lahaul-Spiti is struggling for money right now, but if all goes according to plan the facility will come up at an altitude of 10,235 feet (3,048m) above sea level. Around 3.2 hectares of land have been earmarked for the stadium at Sissu village surrounded by a lake, snow clad mountains, helipad and a gushing Chenab river.

At present, the Chail cricket ground of Solan, at an altitude of 7,380 feet above sea level, is considered the highest cricket ground. The Chail ground was built by royal family of erstwhile Patiala state in 1893. The Lahaul-Spiti association had floated the idea of the stadium two years ago and had submitted a proposal to the district administration. After getting no-objection certificates (NoCs) from the forest and revenue departments, it now wants to start acquiring land.

However, there are two cricket associations in the tribal district with the same name. While the one planning the stadium is registered with the district administration since 2005, it is not affiliated with the Himachal Pradesh Cricket Association. On the other hand, the one affiliated with HPCA is not registered with the administration. Aware that HPCA and BCCI may not provide funds for building the stadium without affiliation, the association has decided to raise its own cash from the people. The local Congress MLA too is backing them and promising them all financial support.

"We have a very small amount in the bank account but this is not going to stop us from realizing the dream," said Surinder Thakur, president of the association. "In fact, small amounts have already started flowing in from The area demarcated for the cricket stadium in Spiti Valley. The site for the proposed cricket stadium is next to Sissu lake, off the Manali-Leh highway, not far from the northern end of the under-construction, all-weather Rohtang Pass tunnel the people of the region."

The association is also planning to approach Hamirpur MP Anurag Thakur, who is both BCCI joint secretary and HPCA president. Kishan Rana, general secretary of the association, said that in past the residents of Lahaul-Spiti have formed cooperative societies for marketing their potato crop and setting up hydropower projects.

Thakur said that stadium would be built on the pattern of Dharamsala stadium and would have all the required facilities for the players and viewers. "This would be the first stadium in this tribal district," he added. He said that while the general public was giving liberal donations earlier, now even the local MLA Ravi Thakur has pitched in to bring Lahaul-Spiti on the cricketing map.

-Gayatri Kelkar  
(NEWSCASTER)

Ref:- <https://m.timesofindia.com/>

## SOCIAL ISSUE

### HOW DID COVID-19 IMPACT OUR CITIES IN THE LONG TERM?

Cities are engines of growth: they create jobs, alleviate poverty, and are key to achieving the Sustainable Development Goals. This is particularly important for developing countries, which are urbanizing at much faster pace compared to developed countries.

The impact of present global crisis triggered by COVID-19 pandemic is still evolving and is multi-dimensional, combining health, economic and social crisis. The urban poor have been hit the hardest. The fault lines of inequity and poverty have been vividly exposed and have deepened with the economic impact of the pandemic. The World Bank estimates that some 100 million people have been pushed back into poverty, wiping out much of the gains of the last few years. Cities in developing countries, with some 1 billion people living in dense and overcrowded informal settlements, with poor access to basic services, have been hit the hardest.

Before current pandemic, some 25-30 people migrated to Indian cities every minute. The pandemic has triggered a reverse migration back to rural areas with economic shutdowns, job losses and lack of livelihoods for migrants. Knowledge workers are also migrating away from cities, looking for open spaces. The future of cities has become uncertain and constrained by diminishing revenues due to the economic downturn and already limited infrastructure services.

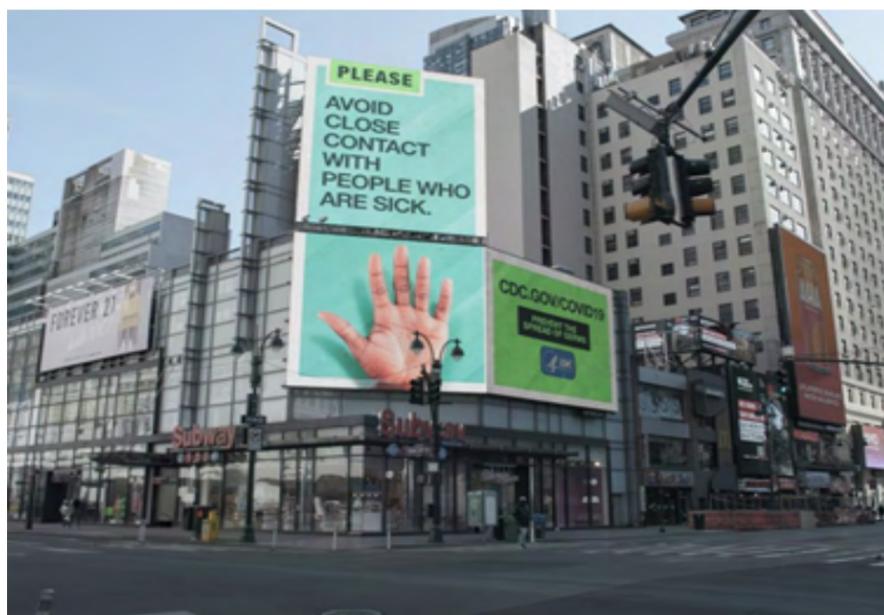
However, time and again cities have proved to be resilient and have emerged stronger, showing they can build back better and improve the lives of city dwellers. Seoul, South Korea, controlled the spread of Covid-19 through rigorous contact tracing, widespread testing and mandatory isolation. This was possible due to the existing foundations of transparency, accountability and solidarity which allowed the city to use mobile phone data, CCTV coverage and credit card data to track infected persons. The city demonstrated accountability and transparency by sharing information and appropriate solutions.

City-wide stakeholder consultations with the community, run by the national government and city institutions, created a relationship of trust and solidarity. Stakeholder participation is crucial for sustainable and inclusive growth, increasing accountability. Community participation is at the heart of good policy-making and the provision of inclusive public services. There are many other examples from developing and emerging economies that have used good governance and social commitment to slow down the pace of spread of pandemic.

Healthier cities are within reach, as is evident from the impact of COVID-19 on the decline in commuting, with alternative transport like walking or cycling gaining in popularity. Cities are already experiencing better air quality and clearer skies due to less traffic and are incentivized to take actions to keep their emissions down. For example, plans are underway to expand the Greater Cairo subway to accommodate 6 million passengers by 2025. Big data is helping Bogota and many other cities assess the increased demand for bike lanes to accommodate the number of cyclists in the city taking shorter journeys due to the pandemic.

The COVID-19 crisis presents cities with the opportunity for a 'Great Reset' towards greener, resilient, healthier, inclusive and sustainable cities. We cannot afford to squander away this opportunity. City leadership, robust governance and civil trust are the biggest drivers of city resilience and revival. Cities cannot respond to a crisis of this magnitude and convert it into an opportunity without these key drivers.

The gap in public services in cities is a governance gap. The success of cities as resilient places that serve their citizens in an inclusive and sustainable manner is anchored in the principles of good governance. It's not too late for cities to work towards this goal.



-Sanchita Sutar  
(NEWSCASTER)  
Ref- [worldeconomicforum.com](http://worldeconomicforum.com)

## STUDENT'S SECTION

### QUIZ

- Q.1. What is the world's highest capital?  
 A) Addis Ababa, Ethiopia  
 B) Kathmandu, Nepal  
 C) La Paz, Bolivia  
 D) Quito, Ecuador
- Q.2. Brasilia has been the capital of Brazil since 1960, but where was the country's first capital?  
 A) Recife  
 B) Rio de Janeiro  
 C) Salvador  
 D) Sao Paulo
- Q.3. Three of these places in Wales are cities - which is the only town?  
 A) Bangor  
 B) Newport  
 C) St Asaph  
 D) Wrexham
- Q.4. Dutti- Galla, Batmania and Bearbrass were interim names of which southern-hemisphere city?  
 A) Jakarta  
 B) Johannesburg  
 C) Lima  
 D) Melbourne
- Q.5. Which is only city to have hosted the summer Olympic games three times?  
 A) Athens  
 B) London  
 C) Paris  
 D) Rome
- Q.6. Which city has the most Michelin-starred restaurants?  
 A) Paris  
 B) Lyon  
 C) Dubai  
 D) Tokyo
- Q.7. Which is the world's most southerly capital?  
 A) Cape Town  
 B) Montevideo  
 C) Santiago  
 D) Wellington
- Q.8. Which is the world's most northerly capital?  
 A) Helsinki  
 B) Moscow  
 C) Reykjavik  
 D) Tallinn
- Q.9. Which city has the world's largest metro network?  
 A) Beijing  
 B) London  
 C) New York  
 D) Shanghai
- Q.10. Christopher Columbus airport serves which city?  
 A) Genoa  
 B) Havana  
 C) Lisbon  
 D) Madrid

-Rasvita Rane  
(NEWSCASTER)

Ref: <https://www.theguardian.com/travel/2020/apr/24/world-cities->

### WORD SEARCH PUZZLE

#### WORLD CITIES WORD SEARCH PUZZLE



AMSTERDAM	HELSINKI	MADRID	SANTIAGO
BRUSSELS	HONG KONG	MELBOURNE	SAO PAULO
BUENOS AIRES	ISTANBUL	MONTREAL	SINGAPORE
COPENHAGEN	JAKARTA	NAIROBI	STOCKHOLM
HAMBURG	LIVERPOOL	NEW DELHI	TEL AVIV

-RASVITA RANE  
(NEWSCASTER)

Ref: [www.wordadict.com](http://www.wordadict.com)

### FACTS

- Bali:** There are only 210 days in the Balinese calendar ( I.e, The pawukon calendar)
- Paris:** There is only one stop sign in Paris
- Porto:** Porto is one of the oldest cities in Europe!
- New York:** Toilet paper was invented in New York by Joseph C. Gayetty ( in 1857).
- London:** Most London Dry Gin is not actually made in London.

-Rasvita Rane  
(NEWSCASTER)

Ref- <https://handluggageonly.co.uk/2015/01/06/9-random-facts-9-places-across-world-travel/>

## Credits

### **Chief editor**

Vidisha Mapuskar

### **Creative Director**

Omkar Kandar

### **Designers**

Devi Dhamankar

Divya Dave

### **Photo Editor**

Pranay Yadav

### **Copy Editor**

Simran Fernandes

### **Proof Readers**

Harsh Gohil

Muskan Khan

### **Production Manager**

Nigel Thomas

### **Department Editors**

Payal Gagat

Disha Amin

Ajay Lovekar

Savitri Pandit

Yashhashree Godbolle

Maryam Sayed

Hetal Parmar

Aishwarya Pathare

Rashi Walinjkar

Vedant Dalvi

Rutuja Surve

Yashika Patel

Shristi Suvarna

Gayatri Kelkar

Pooja Mishra

Swarangi Raorane

### **Advisory**

Dr. S.B. Sawant

(Principal)

Dr. Mala Kharkar

(Chief Education Officer)

Ms. Ruchita Rane

(Chief Co-ordinator)

### **Convener**

Ms. Swati Takkar

(BMS Co-ordinator)

### **Organising Committee**

Ms. Pooja Chodankar

Ms. Nisha Gupta

Ms. Sonal Hippalgaonkar

**SUGGESTIONS, QUERIES, COMMENTS AND  
EVEN CRITICISM ARE WELCOME**

Please feel free to write us at

[bmsperiodical@gmail.com](mailto:bmsperiodical@gmail.com)